Skating With Heart

STAR 1-3 Event

Saturday, February 13, 2027
Innisfail Twin Arena
5804 - 42 Street
Innisfail, AB T4G 1K7

Sanction #4547

Innisfail Skating Club

HOST CLUB INFORMATION

Event Name: Skating With Heart

Event Dates: Saturday, February 13, 2027

Host Club Name: Innisfail Skating Club
Host Club Website: www.innisfailskatingclub.com

Competition Chairperson: Brittany Leveille
Email Address: innisfailskatingclub@hotmail.com

Arena Details:
Name: Innisfail Twin Arena
Address: 5804 – 42 Street, Innisfail AB T4G 1K7
Ice Surface Dimensions: 200' x 85' (both arenas)

Registration Table Times: 8:00 a.m. - 6:30 p.m.
Event Time: 9:00 a.m. – 8:00 p.m.

GENERAL INFORMATION

1. The Event is being held under the rules of the STAR 1-3 Guide

2. CATEGORIES: The following Categories are to be held:
   - ♥ STAR 1 Elements Event
   - ♥ STAR 2 & 3 Freeskate Program Events
   - ♥ STAR 2 – 3 Team Elements Event
   - ♥ Creative Improv 1

3. SYSTEM OF MARKING: STAR 1-3 will be judged as per the STAR and Special Olympics Event Standards for Assessment Guide.

4. SCHEDULE OF EVENTS: Will be emailed by the Club if an email address is provided.

5. ENTRIES: Entrants in Events shall be:

   a) Skate Canada registrants in good standing.

6. REGISTRATION OF SKATER: This must be through our Uplifter account. Click this link: Skating With Heart Registration or go to our website. Registration will open December 1, 2026, at 9:00 a.m. MST. **We are only accepting CREDIT CARD PAYMENTS**. Please have your skater's Skate Canada number and Skater's Music to upload (if entering a program event).

7. CLOSING DATE OF ENTRIES: All entries must be received no later than **Sunday, January 24, 2027.**

8. ENTRY FEES:
   - ♥ All Events $70.00
   - ♥ Additional Events .....$55.00 (Except for the Team Event)
   - ♥ Team Events .....$45.00 (**One payment per team**)

9. STAR 2 & 3 FREESKATE MUSIC SUBMISSION REQUIREMENTS:

   a) Music to be uploaded to your Uplifter account when registering, in an MP3 format.
   b) MP3 file must be titled with the skater's first and last name as well as category skating, i.e., Jane Doe, STAR 2.
   c) **Music changes:** The updated music file must be re-uploaded through your Uplifter account by the music submission deadline of **January 31, 2027.**
   d) **Back-up Music: Only USB memory sticks will be accepted as music back-up**. **CDs, phones and iPods will not be accepted**. Each skater is required to carry a copy of their backup music and have it available at rinkside. Ensure music files are properly labelled.

10. ACCIDENTS: The Association and Committee of the Host Club take no responsibility for any damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all skaters and their parents or guardians shall agree to assume all risks or injuries to the skater's person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

11. REFUND OF ENTRY FEES: Entry fees shall be refunded only if the event is not held. There will be no refunds given for any reason, including medical pulls. The only exception is if the category is pulled.

12. ON-SITE REGISTRATION: Skaters must register at least 1/2 hour before their scheduled event. Skaters must report to the Ice Captain before their scheduled event.

13. PICTURES AND VIDEOS: Persons wishing to take photographs of on-ice performances are reminded that use of flash cameras is forbidden. NOTE: You may only take pictures or videos of your own skater, and they must be taken from the spectator seating areas, to not interfere with the progress of the event.

14. AWARDS: The awards ceremony for each flight will be held approximately 20 minutes after each event in the lobby. All skaters are requested to attend the awards ceremony to receive their incentives.

15. FLIGHT SYSTEM: If the number of competitors in a Category warrants it, a flight system will be used.

16. CANCELLATION OF EVENTS: The host club reserves the right to cancel events.

17. COACH ACCREDITATION: All coaches must be minimally NCCP Regional in-training and in "Good Standing" with Skate Canada. Coaches must register at the registration desk.

18. WARM-UP TIMES:
   - ♥ All Events .....4 minutes

ELIGIBILITY AND CATEGORIES

STAR 1 Element Assessment

Must not have passed any part of the STAR 6 freeskate assessment.
Elements assessed to standard. Skaters may be grouped by age. **No age restrictions**.

8 Elements:

- Circle Crosscut Exercise: Crosscuts in the same direction on a circle (1 round forward, 1 round backward). Skater to choose direction.
- Waltz jump
- Single salchow
- Single toe loop
- Forward upright spin
- Backward upright spin
- Forward Spiral Circles: Two Spirals, one on each foot executed on a circle in the same direction. Skater chooses direction.
- Creative Expression (30 seconds – music provided by the Section, selection randomly chosen at the competition – each flight to have a different music selection). Note: this is assessed as "completed" or "incomplete" only.

STAR 2 PROGRAM
Must not have passed any part of the STAR 6 freeskate assessment. One program of a maximum of 2:10 minutes in length. The program is scored using assessed to standard. Program components: presentation and skating skills. Skaters may be grouped by age. **No age restrictions.**

9 Elements:

- Five jump elements:
  - Single salchow
  - Single toe loop
  - Waltz jump + single toe loop combination OR waltz jump + single loop combination
  - Single loop
  - Single flip or Single lutz
- Two spins:
  - Backward upright spin
  - Forward entry sit spin or camel spin. No change of foot, no flying entry, no variations of positions. Forward upright spin is not permitted.
- Forward Spiral Sequence: Two forward spirals with one spiral on each foot. Positions must be unsupported and on either an inside or outside edge.
- Forward Turn Sequence: Forward outside three turn + backward crosscut + backward inside S step (i.e. step-forward); executed four times on alternating feet.

STAR 3 PROGRAM
Must not have passed any part of the STAR 6 freeskate assessment. One program of 2:10 max. The program is scored using assessed to standard. Two Program components will be assessed: Presentation and Skating Skills. Skaters may be grouped by age. **No age restrictions.**

9 Elements:

- Five jump elements:
  - All single jumps permitted, including single axel. No double jumps permitted.
  - Must include at least 5 different types of single jumps, one of which must be an axel type (waltz and single axel are the same type).
  - Maximum 2 jump combinations. Maximum two jumps in a combination.
  - Jump Sequences are not permitted
  - No jump may be included more than twice
  - A repeated jump must be executed as part of a jump combination.
  - Single Euler not permitted.
- Two spins:
  - Must include backward upright spin.
  - Must include a combination spin that must include at least one camel and one sit position and commence with a forward entry. No flying entry, no variations of positions. Change of foot optional.
- Forward spiral sequence: A sequence of two forward spirals; one spiral on each foot, unsupported position; on either inside or outside edge
- Forward turn sequence: Forward outside three turn + backward crosscut + backward inside S step (i.e. step-forward); executed four times on alternating feet.

Team Elements

Team Element events are an opportunity for groups of skaters to perform together in a fun atmosphere. Skaters each perform a free skate element to contribute to an overall team assessment. Team Element events consist of progressive levels. Entry for Team Element events is consistent with Freeskate Events, and teams may skate up one level if they choose.

Procedures for Team Elements Events: Team Elements will perform the same elements as listed in the Individual Elements events:

- STAR 2 and STAR 3 will be conducted in an Assessment to Standard format.
- Teams must be comprised of 2 to 4 skaters. More than 50% of the team must have passed the required test for entry (i.e. 2 of 3 or 3 of 4).
- Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements.
- Elements will be skated in the order listed. The first element will be performed by every team in the event before the second element is performed, and so on.
- Each element may only be attempted once.
- Spins will not be assigned levels and will be assessed on quality only.

STAR 2 Elements:

- Element #1 Single Loop Jump
- Element #2 Waltz Jump + Single Toe Loop Jump Combination
- Element #3 Backward Upright Spin. Minimum of 3 revs.
- Element #4 Forward Spiral Sequence: Two forward spirals, one on each foot performed on either outside or inside edges. Both Spirals must be unassisted.

STAR 3 Elements:

- Element #1 Single Flip Jump
- Element #2 Single Loop +Single Loop Jump Combination

- ♥ Element #3 Combination Spin: Must include at least one camel position and one sit position and may include change of foot. Forward entry only. No flying entry or difficult variations. Combination Spin – minimum of 4 revs Change Combination Spin – minimum of 3/3 revs.
- ♥ Element #4 Forward Spiral Sequence: Two forward Spirals, one on each foot performed on either outside or inside edges. Both Spirals must be unassisted.

STAR Creative Improv 1

Background

Creative Improv programs are designed only by the skater with minimal preparation. Creative Improv tests the skater's ability to quickly interpret a given piece of music and entertain the audience.

Creative Improv Program requirements & Event procedures

Creative Improv programs are offered in a singles format and are designed only by the skater with minimal preparation. There is no coaching permitted for these events.

Program content requirements and event procedures for all levels are as follows:

- ♥ Should entry numbers exceed the size of one warm-up group (i.e. eight skaters), the entries will be divided into separate flights, each of which will be its own separate event.
- ♥ A different music selection must be used for every event so that no skater has the advantage or disadvantage of skating to music already used in the competition. Music selections will be a maximum of 45 seconds long.
- ♥ All the skaters in a given flight for an event are presented with a pre-selected piece of music by the Technical Representative prior to the warm-up. All skaters in the flight for that event will perform to the same musical selection.
- ♥ Skaters will listen to the music twice during the warm-up period.
- ♥ Skaters are then kept in the hallway until it is their turn to perform.
- ♥ Simple skating attire is required.
- ♥ All single jumps are permitted. Jumps of any higher rotation will be subject to an illegal element violation if included.
- ♥ Two Program Components will be assessed to standard: Presentation and Skating Skills.

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